



Soups & Salads

RUNDOWN CHOWDER

Our signature coconut milk soup with sweet potatoes and fish 8.99

SEASONAL SALAD

Get fresh with us 14.99

CAESAR SALAD

Romaine tossed in creamy caesar dressing topped with shaved parmesan and herb croutons 12.99

TSUNAMI SALAD

Napa cabbage, bean sprouts, shredded carrots, snow peas, jicama, tomatoes, cucumbers, wonton strips and our signature Journey's End dressing 14.99

Dressings: Ranch, Blue Cheese, Caesar, Journey's End, Honey Mustard, Champagne Vinaigrette

Top any salad with your choice of protein: Chicken, Shrimp, Seared Tuna, Crab Cake

Appetizers

TUNA TARTARE CRISPS*

Local tuna, pineapple, avocado, jicama, scallions and soy sauce on wonton chips MKT PRICE

RUNDOWN WINGS

1 pound of jumbo wings lightly fried and tossed in your choice of jerk or mango habañoero sauce. Served with ranch or blue cheese 14.99

CALAMARI

Golden fried calamari served with cocktail sauce and sriracha aioli 14.99

COCONUT SHRIMP

5 colossal shrimp coated and fried in a coconut batter served with sriracha aioli sauce 12.99

HUMMUS & VEGGIES

Homemade roasted garlic hummus with crisp veggies 10.99

CRAB DIP

Lump crab meat, cream cheese and Old Bay served with crackers 12.99

HUSHPUPIES & HONEY BUTTER

6 hot and crispy hushpuppies served with homemade honey butter 8.99

For the Kids

All kids' meals come with an ice cream sandwich

CHEESEBURGER*

1/4 pound burger with cheese and fries 8.99

CHICKEN TENDERS

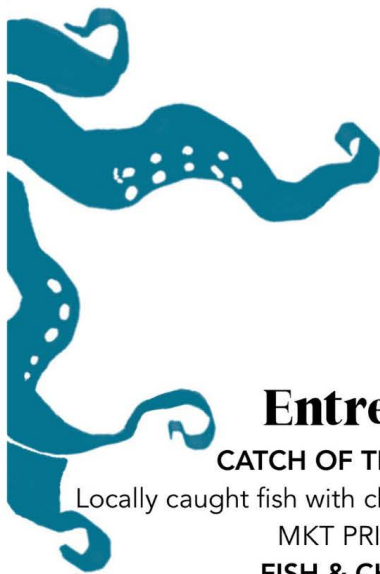
3 chicken tenders with fries and ranch 9.99

FRIED SHRIMP BOAT

1/4 pound of fried shrimp with fries and cocktail sauce 10.99

KID'S PASTA

Penne noodles with butter or marinara 7.99



Entrees

CATCH OF THE DAY

Locally caught fish with chef's choice of sides
MKT PRICE

FISH & CHIPS

Beer-battered cod served with fries and tartar
sauce 20.99

SEA SCALLOPS

Pan-seared Outer Banks sea scallops served with
jasmine rice and seasonal vegetables 33.99

FRIED SHRIMP

1/2 pound of jumbo shrimp. Served with fries,
coleslaw and hushpuppies 19.99

RIBEYE*

12 oz grilled ribeye served with mashed potatoes
and seasonal vegetables 33.99

GARLIC SHRIMP LINGUINE

Sautéed shrimp in garlic white wine butter sauce
with roasted tomatoes over linguine 20.99

CRAB CAKES

2 pan-seared crab cakes served with mashed
potatoes, seasonal vegetables and lemon chive
aioli 29.99

Rundown Classics

HAWAIIAN POKE BOWL*

Raw sesame-soy marinated local tuna served with
edamame, pickled ginger, Napa cabbage,
pineapple pico, scallions and jasmine
rice MKT PRICE

SESAME NOODLE BOWL

Cold noodles tossed in sesame sauce with green
onion, mandarin oranges, crunchy wonton strips
and red pepper glaze with your choice of
protein 11.99

(Chicken, Shrimp, Seared Tuna*, Crab Cake)

COCONUT CHICKEN

Marinated and battered in coconut served with
jasmine rice, seasonal vegetables and pineapple
pico 21.99

Handhelds

HAWAIIAN MAHI SANDWICH

Blackened mahi loin with lettuce, tomato, grilled
pineapple and teriyaki glaze on a brioche bun
with fries 15.99

CRAB CAKE SANDWICH

Lump crab cake with lettuce, tomato, onion and
lemon chive aioli on a brioche bun with
fries 19.99

PORTOBELLO SANDWICH

Grilled portobello mushroom, onions, roasted red
peppers, thick cut tomato and balsamic reduction
on a brioche bun with fries 14.99

SHRIMP SALAD ROLL

Totally worth it 15.99

THE RUNDOWN* BURGER

1/2 pound burger with cheese
on a brioche bun with fries 14.99

RUNDOWN FISH BURRITO

Blackened mahi, pico, cheddar jack cheese, black
beans, and barbecue sauce. Served with jasmine
rice and sour cream 18.99

TACOS

3 tacos with ginger slaw, pineapple pico and
cilantro lime crema with your choice of fried mahi,
grilled shrimp or blackend chicken 16.99

Sides

Hushpuppies with Homemade

Honey Butter 5.99

Fries 3.99

Side Caesar 5.99

Mashed Potatoes 3.99

Seasonal Vegetables 3.99

Jasmine Rice 3.99



*Consumer Advisory: These food items may be served cooked to order or raw. Consumption of undercooked meat, poultry, eggs, or seafood may increase the risk of foodborne illness. Alert your server to any allergies or dietary needs.

Customer pricing notice: A 3.5% surcharge is applied to all sales. We waive the surcharge for cash payments.